



Seal Beach PONY Baseball COVID-19 Guidelines



Updated: 10/11/2022

Seal Beach PONY is preparing for the 2022 season during the ongoing COVID-19 pandemic using adaptations and modifications designed to protect the health and safety of our players, coaches, and families to the fullest extent practicable. Specifically, Seal Beach PONY has developed the following guidelines for the 2022 season, which are subject to change as additional information becomes available:

- All participants are encouraged to follow, to the fullest extent practicable, all school district, local, state, and federal guidelines regarding COVID-19 transmission mitigation during all Seal Beach PONY activities.
- Prior to the start of the season, parents/legal guardians will be asked to sign a waiver pertaining to the potential risks associated with COVID-19.
- Coaches and Team Parents who are not vaccinated must wear a face mask.
- Seal Beach PONY will provide sanitation stations near each field and the Snack Shack.
- Any player, coach, or volunteer who has been diagnosed with COVID-19, or who is experiencing symptoms of COVID-19, shall not participate further until cleared by their medical provider. Any player, coach, or volunteer who has been in close contact with someone who has been diagnosed with COVID-19, shall not participate further until at least 14 days after the date of last contact. Symptoms of COVID-19, as defined by the CDC include, but are not limited to:
 - *Fever or chills*
 - *Cough*
 - *Shortness of breath or difficulty breathing*
 - *Fatigue*
 - *Muscle or body aches*
 - *Headache*
 - *New loss of taste or smell*
 - *Sore throat*
 - *Congestion or runny nose*
 - *Nausea or vomiting*
 - *Diarrhea*
- If a player, coach, or volunteer is diagnosed with and/or tests positive for COVID-19, that person or that person's guardian shall notify the player's coach and/or the Seal Beach PONY President as soon as possible.

- All spectators are encouraged to practice social distancing.
- In addition to the league-provided sanitation stations, parents/legal guardians are encouraged to supply their players with individual hand sanitizer for periodic hand sanitizing during practices and games.
- Teams are to clean their dugout of all trash and other items after each game.
- Hard surfaces in and around the Snack Shack will be periodically disinfected. All individuals working in the Snack Shack will be required to wear masks/face coverings and routinely sanitize their hands.
- To the extent practicable, games will be scheduled with time built in between games to minimize unnecessary interaction between teams.
- Teams are encouraged to limit the sharing of equipment including helmets, catchers gear, bats, gloves, etc.